Duffy's Pure Malt Whiskey | COLONIAL SOCIAL | SPENT A FORTUNE What is it? | AT LOCAL CHURCH ON SKIN TROUBLE

It is an absolutely pure distillation of malted grain, great care being used to have every kernel thoroughly malted, thus destroying the germand producing a predigested li-quid food in the form of a medicinal whiskey; softened by warmth and moisture, its palatability and freedom from injurious substances render it so that it can be retained by the most sensitive stomach.

It is a gentle, invigorating stimulant and tonic.

What Does It Do?

It builds up the nerve tissues, tones up the heart, gives power to the brain, strength and elasticity to the muscles and richness to the blood. It brings into action all the vitalforces, it makes digestion perfect and enables you to get from the food you eat all the nourishment it contains

It is invaluable for overworked men, delicate women and sickly children. It strengthens and sustains the system, is a promoter of health and longevity, makes the old young and keeps the young strong.

It cures nervousness, typhoid, malaria, every form of stomach trouble. diseases of the throat and lungs, and is recognized as a medicine by doctors of all schools.

It has been endorsed by people in all walks of life for 50 years.

Beware of Substitutes.

Duffy's Pure Malt Whiskey is sold FACSIMILE OF PACKAGE % SIZE In sealed bottles only, a cut of which is here reproduced one-third regular size of large bottle, wrapped in a Duffy Annual the same as when purchased. Be sure you get the genuine as imitations and substitutes are dangerous. Ask your dealer. \$1.00 a large bottle. Write Medical Department for advice and medical booklet, both sent free. The booklet contains rare common sense rules for health which you cannot

afford to be without. Made exclusively for 50 years by THE DUFFY MALT WHISKEY CO., Rochester, N. Y., U. S. A.

CIRCULATION





STANDARD TELEPHONES

EDITORIAL ROOMS-Ind. 'Phone, two rings . No. 58
Bel! 'Phone, two rings . No. 56
BUSINESS OFFICE— Ind, 'Phone, one ring. No. 58 Bell 'Phone, one ring. No. 58

RANDOM

Kemmerer Coal guaranteed the bes-Sold only by M. L. Jones Coal Co., Inc. 140. Bell 499K.

Caledonians Entertain-About 150 members of the Ogden Caledonian so-ciety were entertained last night at Union Labor hall at a card party, followed by a Scotch supper and concert. A number of the friends of the members were present and altogether an enjoyable time was had.

STORAGE at reasonable rates, in good brick building. If you need any room, consult John Scowcroft & Sons Company.

Call Allen, phones 22, for carriages for funerals and operas. Private calls e specialty. Also prompt delivery of taggage. 412 25th.

Miss Dorothy Westover, formerly of Ogden, but more recently of Salt Lake has been the guest of Miss Myrtle Kuhn of this city for the past two

Advertisers must have their copy for the Evening Standard the evening before the day on waich the advertisement is to appear in order to insure publication.

WANTED-Clean white rags at the

Holiday Dance-Women of Woodcraft, Lodge 174, gave a Washington's

the effects of a fall. She conducted a restaurant in Leadville at the time of the Leadville boom. You can't get fat on a chafing dish birthday dance and entertainment at | diet.

the Royal Academy last night, over

evening by the ladies of the commit-

which was furnished by the academy orchestra, was especially good. A

general good time was the unanimous

verdict when the affair broke up.

NEW DEFINITION OF

guests and members being pres-Punch was served during the

on arrangements, and the music

MONOPOLY OF MAILS

Washington, Feb. 22 -"The govern

ment should enact a new definition of monopoly in the carriage of the mails

-it should not loose the remunera-

"If the government should under-take to make a horizontal increase of

rates on all second-class matter with out insisting upon absolute monopoly

of all mail matter," said Mr. Murdock

in which the express companies com-

FAMOUS RESTAURANT

KEEPER PASSES AWAY

Denver, Feb. 22.—Mrs. Mena Given, one of Denver's best known resturant keepers, died today at a hospital. She was famous because of a report following the assassination of

President Garfield, that she was the divorced wife of Charles J. Guiteau, the assassin. Mrs. Given never would

confirm or deny the report. Mrs. Giv-en was 60 years of age and died from

pete with the government."

"It would simply increase the zone

the house today.

An elaborate supper was given last night by the Ladies Ald society of the First Methodist church, in the basement of the church, in connection with an interesting program of music, speaking and recitations. In all about four hundred guests partook of the contertainment, and supper, and the entertainment and supper, and the program, in which quite a number of the younger social set took part was exceptionally entertaining. The first number was a grand colonial march led by Rev. McCreery as George Washington, and Mrs. Burnham as Martha Washington, followed by about twenty of the ladies present, all of whom

were in colonial costume.

"The history of the Flag," a reading, was delivered in an impressive manner by Mrs. Frey and was well received. This was followed by a vocal solo by Mrs. Brookshire, after which three misses dressed in the national colors delivered a recitation "The Red, White and Blue," followed by "Three Cheers for the Red, White

and Blue," in which a chorus of lit-tle girls participated. After a flute solo by Mr. Nylander and a recitation "Our Country" by Lercy Winter, had been rendered in excellent style, the affair was brought to a close with a grand march and chorus singing "America." The following took part in the march and chorus, each repre senting one of the original thirteen senting one of the original thirteen states of the union Ruth Newton, Maine; Melba Brookshire, Pennsyl-vania; Grace Stone, Virginia; Ruth Draney, Rhode Island; Dorothy Dri-Draney, Rhode Island; Dorothy Drivees, New Jersey; Ellen Linsdale, New Hampshire; Hazelleton Sims, North Carolina; Marjory Turner, Massachusetts; Francis Leach, Deleware; Kathleen Leach, New York; Lucile Stark, Vermont; Ruth Wetherby, Conecticut and Margaret Johnson, Mary

The costumes worn by the ladies epresenting colonial dames were es pecially beautiful and altogether the affair was one of the most complete and interesting of its kind ever held

SUFFER REPULSE

Baltimore, Feb. 22 .- The two power ful railroad labor organizations, the Order of Railway Conductors and the Brotherhood of Railway Trainmen, which have undertaken to obtain a general increase of the wage scale for general increase of the wage scale for all employes in those branches of the service on the principal lines in the eastern part of the United States and in Canada, have suffered repulse at the very inauguration of their better pay campaign.

pay campaign.
Three weeks of negotiations with the Baltimore & Ohio railroad among the first to be approached, ended to day when the company, through President Daniel Willard, declined to ac cede to the demands of the organiza-tion, the company's position being set forth in the following statement:

The conferences with the sentatives of the conductors and train men's organizations and President Willard of the Baltimore and Ohio held today in the endeavor to reach a mutually satisfactory basis of agreement on the question of wage increase ended in a suspension of further con-ferences until the Brotherhood repesentatives have submitted the mat er as it now stands to the member ship for instructions as to procedure to be taken. The company could no accept the men's proposition as originally made and the men's representatives did not feel authorized to ac cept the counter proposition made on the part of the company without referring it to the men for further ad-

Moorehead, N Y., Feb. 22.—Miss Goldie Cantrill, 17 years old, today was sent home by the school trustees after they learned that she had beer attending school as Sam Murray dressed in boy's clothes. She stood second in her class. Several months ago she earned her living for several weeks as a "news boy" on trains,

WILL OPEN MINE IN HILLS NEAR PROVO

east of this city have not produced ore in paying quantities, although float of high grade has frequently ried the shorter haul, and accept the unremunerative matter involving the longer haul," declared Rep. Victor Murdock of Kansas, in commenting upon the postal appropriation bill in of mining in Utah several local stamin prospecting, but very little actual work at developing such claims has

been done, and that with no profit able results. There is now very strong reason to believe that this will be changed and that mines will be opened here—at least one mine, and that will mean others, because there are many places favorable to ore formation which will be thoroughly tested with the incentive of a producing mine to encour age the necessary expenditure of capital.

An exception to the spasmodic work done is the persistency with which Jonathan Buckley and his two sons

Run-Down?

Tone the nerves, strengthen the stomach, purify the blood and get a fresh grip on health

Beecham's

Sold Everywhere

But Lost All Hope of Cure-Grew Worse and Worse in Spite of Many Doctors and Three Years of Hospital Treatment - Inflammation Made Her Almost Crazy with Pain.

CURED BY TWO SETS OF CUTICURA REMEDIES

"I began to have an itching over my whole body about seven years ago and this settled in my limb, from the knee to the toes. I went to see a great many physicians, a matter which cost me a fortune, and after I noticed that I did not get any relief that way, I went for three years to the hospital. But they were unable to help me there. I used all the medicines that I could see but became worse and worse. I had an inflammation which made me almost crazy with pain. When I showed my foot to my friends they would get really frightened. I did not know what to do. I was so sick and had become so nervous that I positively lost all hope.

"I had seen the advertisement of the Cuticura Remedles a great many times but could not make up my mind to buy them, for I had already used so many medicines. Finally I did decide to use the Cuticura Remedies and I tell you that I was never so pleased as when I noticed that, after having used two sets of Cuticura Scap, Cuticura Olitment and Cuticura Fills, the entire inflammation had gone. I was completely cured. I should be only too glad if people with a similar disease would come to me and find out the truth. I would only recommend them to use Cuticura. Mrs. Bertha Sachs, 1621 Second Ave., New York, N. Y., Aug. 20, 1909."

"Mrs. Bertha Sachs is my alster-inlaw and I know well how she suffered "I began to have an itching over my

"Mrs. Bertha Sacha is my sister-in-law and I know well how she suffered and was cured by the Cutleura Remedies after many other treatments failed, Morris Sacha, 321 E. 89th St., New York, N. Y., Secretary of Deutsch-Ostroweer Unt. Verein, Kempner Hebrew Benevo-lent Society, etc."

A single set of Cuticura Remedies, costing but one dollar, consisting of Soap to cleanse, Ointment to heal and Pills to purify, has frequently cured chronic cases of torturing, disfiguring humors of infants, children and adults when the best methods known to the profession had failed. Guaranteed absolutely pure. Cuticura Remedies are sold throughout the world. Potter Drug & Chem. Corp., Sole Props., 135 Colum-bus Aws., Boston, Mass., 25 Matled Free, Cuticura Book, an Authority on Skin and Scale Diseases

have stuck to some claims owned and patented by them in Rock Canyon, about three miles east of this city. They located and started work on their property eight years ago and have kept it up almost continuously since that time.

NEW STATE QUARRIES

fair prospect that the immense slate quarries in Slate canyon, east of this city, will be opened up, and the pro duct placed on the market.
F. W. C. Hathenbruck, who owns

several patented slate claims, after falling to interest Utah capital in their development, has brought the matter to the attention of French capitalists, and he has the promisthat a representative will be here in March to inspect the property. Mr Hathenbruck has had scientific and practical tests made of the slate, and the verdict has always been that it compares favorably for roofind and building purposes, with the Philadelphia and California slate, which is extensively used in all parts of the

ountry.
Mr. Hathenbruck is also developing an underground flow of water in Slate canyon, and has several men at work on a tunnel, in which there is now stream sufficiently large to be valuable for irrigation and for cul-

PAUL MORTON SLATED TO HEAD EQUITABLE AGAIN



York, Feb. 15 .- It is believed that Paul Morton, president Equitable Life Assurance soof the Equitable Life Assurance so-clety, will be re-elected at the society a annual meeting to be held in New York on February 17. It has been denied authoritatively that Mr. Mor-ton will be appointed ambassador to Great Britain to succeed Whitelaw Reld or will be chosen to fill any oth-er diplomatic post. Mr. Morton's ad-ministration of his office is believed to have the indorsement of J. P. Mor-gan, who recently purchased the to have the indorsement of J. P. Morgan, who recently purchased the Equitable stock holdings of Thomas F. Ryan. Mr. Morton has been president of the Equitable since July 1, 1905, going to the office from that of secretary of the navy, to which place he was appointed by President Roosevelt July 1, 1904. Before that time he had held various high positions in several railroads. His father, J. Sterling Morton, was secretary of agriculture in the cabinet of President Cleveland. Paul Morton was born in Detroit, Mich., May 22, 1857.

A prude is sometimes a person who oses around for something to get shocked at.

HOLDS REUNION

The 24th reunion of the Child family was held yesterday, in the Third ward meeting house More than three hundred members were present. A fine lunch was served, an entertaining program, including speaking by some of the older members showing the necessity of accurate and up-todate genealogies, was rendered also Each member wore a badge bearing the coat of arms presented to Benjamin Child at Roxbury, Massachusetts, in 1630, which carries the motto, "Imitate Rather than Envy."

All of the great grandparents of the present families have passed away except Mrs. Phoebe Child Richavay except Mrs. Phoebe Child Richardson, 78 years old, who was as lively as most of the younger members during the dance held in the evening.

"I am more firmly convinced now than ever before that the Seven Trougas district will be a winner. There is every evidence of seven and the seven are the says: evening.

A prize of \$5 was offered last year to the largest family attending this year. Mark Child and wife, and Henry H. Child and wife, were the parents of twelve children each and the prize was therefore divided between them. tween them.

All present officers were sustained. A new ruling imposing a fine of not less than twenty-five cents and not more than twenty-five dollars to those who dishonored orders of the officers

Philadelphia, Pa., Feb. 22 -Three boys were shot and probably fatally injured and several received less severe wounds today in riots that followed the resumption of service by the Philadelphia Rapid Transit company. The shooting occurred in attacks on cars in the northwestern

Market street, the principal thoroughfare, was the scene of the dis-turbances all day. Cars were stoned, and two policemen were roughly handled by a mob of several thousand persons. A dozen arrests were made, and the prisoners were placed in a trolley car. This was stormed by the mob and two prisoners escaped. Pre-parations were made by the authorities to call upon the entire force of the state militia if the police tomorrow were unable to cope with the situ-

General Strike Inevitable. President Murphy, of the Central Labor Union, still regards a general strike of all trade unions in the city as inevitable, although Organizer Pratt is said to oppose this move.

Members of the State Fencibles, an independent military organization 200 strong, were placed on duty today, armed with loaded rifles. They were detailed in the Kensington mill district in the northeast, a hotbed of union sympathizers. In their first skirmish they were badly beaten by a mob that paid no attention to the drawn bayonets and snatched the fifes from the hands of the youn militiamen.

Members of the Fencibles, accord-ing to Mayor Reyburn, acted as if they were allowing girls in the mill district to wear their caps and cut the brass buttons off their clothing. At one point a group of rloters captured a member of the Fencibles and carried him several feet from his post, where they stripped him of his coat, hat and cartridge belt and gun, and threw them into a sewer.

Dynamite Car Barn. Fifteen policemen quartered in the barn of the company at Ridge avenue and York street narrowly es-caped death tonight when the entire northeast corner of the building was blown away with dynamite. The exlosion occurred just as C. O. Pratt was about to address a meeting of carmen at Ridge avenue and Dauphin street. How the dynamite was placed in the car barn is a mystery.

The state Fencibles, after being harrassed and beaten all day by a mob of thousands of strike sympathizers, were withdrawn at nightfall. The militla had been powerless against the mob, but a half dozen police had ridden up down, driving the rioters before them

Will Summon Troops. Only two cars were run on the Le-high avenue line in the afternoon. Both were badly shattered by stones. Policemen in this district were fired upon by a strike sympathizer, who had concealed himself. This enraged the guardians of the peace and they returned the fire, hitting W. E. Col-

lins in the groin.

Director of Public Safety Clay said tonight that should outside assistance be required, he would ask for the state constabulary before calling for state troops. He expressed himself as satisfied with the way the police have handled the mobs up to date.

Following a conference with Governor Stuart this afternoon, Mayor Reyburn held a consultation with the heads of the various city departments

neads of the various city departments and decided to prepare to call on the governor for the entire state milita in case the police tomorrow are unable to cope with the rioters.

Crucial Point Today.

The crucial point in the situation promises to develop tomorrow. The company it is understood will at

company, it is understood, will attempt to start cars on the regular schedule, and if the police do not give adequate protection will demand that the mayor forward to the governor a request for state troops. The gen-eral strike order by President Murphy today may also materialize. C. O. Fratt, national organizer for the street car men, after his release on ball today, held a conference with President Murphy, at which he is reported to have urged the inexpediency of a general strike, but Murphy, at the close of the conference, said that he still believed a general strike inevitable. Of the 200,000 or more members of labor unions in this city, 20,000 already have voted to go on strike, according to the secretary of the Central Labor union. Whether leaders who are opposing general strike will be able to defer a walk-out

tomorrow is problematical.

A delegation of labor leaders left for Washington this afternoon to urge Senator Penrose to use his influence toward a peaceable settlement,

TO BE PRODUCER

Local investors have been carrying large blocks of Seven Troughs stocks for several years, and at times are thoroughly disgusted with the progress made by several companies in that district in the matter of development of the progress of the production of the pro ment work. Despite this condition of affairs, there are some engineers who are willing to stake their all on the merits of the camp.

Frank Egan, who is said to be one

of the most prominent operators of that camp, is en route to the east, and makes the statement that the district is certain to be a large producer in time. He says:

There is every evidence of confidence displayed by all the operators and with the waning of the financial crisis and the close approach of spring there is every reason to believe that the present year will be a record-breaker for development and produc-

"Operations have been seriously affected by the recent storms and cold weather and as a result some of the properties have been closed down. The close down is only temporary, how-ever, and just as soon as fuel reaches

camp operations will be resumed. Mr. Egan, who is one of the largest stockholders in the Big Dipper Gold Mining company, owning property near Vernon, stated that development work was being carried out on a large scale on his holdings. A force of miners is now employed in driving a tunnel and a distance of over sixty-five feet has been attained. The ledge which is being followed varies from eighteen inches to three feet in width and assays running \$52.85 have been obtained. Through the quartz been obtained. Through the quartz is found considerable talc and this yields values to the tune of \$40 per

It is proposed to drive the tunnel in 300 feet further, after which a series of crosscuts will be run to de-termine the best place to sink. When this is done a working shaft will be started from the tunnel level. Connections will be made with the surface and property will be equipped with a big hoisting plant and other paraphernalia and the ground will be opened and developed to a greater depth.

Mr. Egan said the Dingec-O'Connell lease, located on the Bollermak-er claim and adjoining the Big Dip-per immediately on the south, would soon enter the ranks as a regular pro-ducer. The leasers have sunk a shaft ducer. The leasers have sunk a such 115 feet deep and the ledge in the drift shows a width of seven feet and drift shows a width of seven feet and carries average values of \$15 in gold. As work progresses the showings become better and there is a slight in-

THE ARMOUR EARNINGS.

In an interview published yester day, Mr. J. Ogden Armour said that the recent statement made by his firm, on which we commented last month, showed that its net profits did not exceed 9 per cent on the capital. I include in the capital," he added, the accumulated surplus," On this basis Mr. Armour's figures are right. It is to be observed that Mr. Arbour's figures are right. The capital is \$20,000,000, and the surplus \$70,000,000. On this \$99,000,000 hind the distinction between dividends the net receipts were a trifle over and earnings. For in his interview tered 38 below.

COMMERCIAL NATIONAL BANK Women are Pleased in Paying by Check

Many women who have heretofore been paying their bills in currency, but who are now paying by check, are very much pleased with the Safety, Convenience and Time-Saving which this businesslike form of settlement affords. We cordially invite your account, subject to check. Pocket Check Books Free to Depositors

Capital \$100,000.00. Surplus and Profits \$100,000.00.

cent. But where did the tremendous surplus of \$70,000,000, accumulated in ten years, come from? Manifestly. out of earnings. And the earnings came out of the people who have been paying the high prices for beef. If a corporation were permitted to count as earnings only what it de-clared in dividends, it could arrange matters so as to show no earnings simply by refusing to declare divi

dends For the year ending October 23 last the Armours showed net earnings of \$7,127,000, and this was above all ad-ministrative expenses, including interest. It is said that the company has not been in the habit of paying divi-dends, but that its net earnings have been passed to surplus. In ten year this surplus has been built up to \$70 in ten years, or more than three times the amount of its capital. For ten years its net earnings have been 35 per cent each year on its actual capi-

If Mr. Armour chooses to add the surplus to the capital when he figures his earnings, that is his privilege. No one cares what he does with his earnings. He may use them to pay dividends, use them to swell his surpluor increase his capitos. But they are earning just the same. And when he figures his rate of earnings on this basis he is figuring earnings on earnings. The swelled surplus and the increased capital have been built up out of the prices which the peopl paid for his product. This is what has happened in the case of the steel trust. Its property is now probably worth its capitalization. But the people who have paid its prices have giv en to the property its added value. So with the Armour case. The people do not care what the Armours do with their earnings. All they are in-terested in is that they be recognized increase their capital to \$100,000,000 in order to make the rate on the in-

vestment seem less exhorbitant, it would still be true that the capital had been built up out of net earnings. The money that is used to increase the capital is not subscribed by the stockholders—it is furmshed by every the Armour products.

9 per cent, but that the net receipts were 9 per cent. And it was the net receipts that were pared to surplus. Net receipts, whether they go to divi-dends, to capital or to surplus, are still net receipts. And Mr. Armour gets his result of 9 per cent on "capital" by figuring the net receipts of one year on the capital plus the net re-

JERSEY CITY ANXIOUS.

New York, Feb. 22.—Zealous Jersey City, anxious to do the president full honor in the matter of police protec-tion, gave his arrival there a czar-like aspect. For an hour before his train arrived over the Pennsylvania railroad the entire terminal had been carefully patrolled by over twenty policemen. en minutes before the arrival of the train the chief and police and captain led a platoon of forty

men onto the platform.

The elaborate precautions of the Jersey authorities gave first impres-sion that undue measures of protec-tion were being taken. That there was nothing in the air was made plain when the party reached Manhattan where the police display vanished.
Three mounted policemen led the
automobile from the boat clearing to
the house of the president's brother.

TELEGRAPH BREVITIES

The pattern store house of the Min nequa Plant of the Colorado Fuel & Iron company at Pueblo was destroy ed by fire last night. Loss, \$1,000,

Members of the southwestern coal operators association will meet in open convention at Kansas City, toas earnings, no matter what is done day, with the miners' delegates from with them. If the Armours should Missouri, Oklahoma, Kansas, Arkansas and Texas, who are here to seek an increase in wages.

COLD WEATHER RECORD BROKEN AT BUTTE

Butte, Mont., Feb. 22.-All cold weather records for this winter were broken tonight when a temperature of 58 degrees below zero was reported

SIXTY DAYS OF INSOMNIA END. Girls Student's Black Coffee Diet for

Examination Nearly Fatal. Special to "The Record." Des Moines, Ia., May 17.—Sleep came for the first time in two months to Miss Esther Chinberg, of llege, Thursday night. days ago to cram for her final examination, Miss Chinberg began drinking black coffee and taking other steps to keep herself awake un-til she found she had contracted a

case of Insomnia that outstrips any-thing in the history of medical sci-ence in the Middle West.

It was not until physicians had worked over the girl for weeks that she yielded to treatment, and Thurs-day night slept for a short time. The following night she slept somewhat better and Saturday had a good

night's rest. Another week of the terrible strain would have cost the co-ed her mind, the doctors say.-Philadelphia Rec-

Outside

This news item, clipped from the Philadelphia Record, points out the powerful effect that coffee exercises upon the nerves

Small doses of coffee "get on" the nerves

Miss Chinberg's experience is exceptional only in the amount consumed and the correspondingly quick results. The Caffeine

n coffee gets in its work with every cup one drinks, and nature, in so far as possible, may or may not correct the harm done. You can tell by the condition of head and heart, nerves and stomach. If they are not right try a comfortable change to

POSTUM

It is just as satisfying and pleasing as coffee when prepared right, (directions on every package), and instead of tearing down the health, Postum will build it up. Thousands have voluntarily so testified, and you can prove it by trial.

"There's a Reason"

Postum Cereal Company, Ltd. Battle Creek, Mich.

Evidence

and brain-a fact we have often cited.

in a small way, and in most cases it takes some time before the nervous system and stomach are seriously affected.

DURING SLEEP. Nature Repairs the Human Engine.

The activities of the day cause more or less waste of tissues in the hi engine, which is repaired at night dur-

The man or woman who can sleep

The man or woman who can sleep well at night is sure of the necessary repairs, other things being right, to make each day a time of usefulness and living a real joy.

But let insomnia get hold of you and the struggle begins of trying to work with a machine cut of spair. A Neb. woman's experience with of-A Neb. woman's experience with our fee as a producer of insomnia is in

teresting. She says:
"I used to be a coffee drinker and
was so nervous I could not sleep at
night before 12 o'clock, unless I would
take some medicine, I was under the

doctor's care for about five years and my weight got down to 32 lbs.

"The doctor said I would have to quit drinking coffee. Then my father got me to try Postum, which he said had done wonders for him. I am part 43 and before I quit drinking coffee my heart would jump and frutter at times, miss a beat, then beat so fast I could hardly breathe in enough air

limes, miss a beat, then beat so fast I could hardly breathe in enough air and I would get smothered.

"My tongue would get so stiff I could not talk and I could not hold a glass to drink from. Since I have been drinking Postum, in place of coffee, I can sleep sound any time I lie down, and I feel I owe everything to Postum. I now weigh 120 lbs. and am Postum. I now weigh 120 lbs. and am

Read "The Road to Wellville" in